

**Gabay Cosmetic Surgery Center**  
**9500 Roosevelt Boulevard • Philadelphia, PA 19115**

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**Raphael Gabay, D.O.**  
**Neil Gottlieb, M.D.**

**INSTRUCTIONS FOR PATIENTS UNDERGOING SURGERY**

**Patient:** \_\_\_\_\_

**Hospital:** \_\_\_\_\_

**Date of Surgery:** \_\_\_\_\_ **Date of Pre-operative appointment:** \_\_\_\_/\_\_\_\_/\_\_\_\_

- ❑ **A \$250 non-refundable deposit must be received at the time of surgical scheduling.**
- ❑ **The balance of \$\_\_\_\_\_ must be paid on or before preoperative appointment.**
- ❑ **Complete and Sign the "Consent for Medical Treatment" form and bring with you.**
- ❑ ***Do not take aspirin*** or any medication containing aspirin for **A FULL 7 DAYS** prior to surgery. ***Aspirin containing drugs include Alka Seltzer, Anacin, Buferin, Darvon compound, Empirin, Excedrin, Nuprin, Motrin, Advil and Aleve.***
- ❑ ***No over-the-counter herbal medications or Weight Loss Dietary Supplements***, i.e.; carb blockers, ephedrine, energy drinks, muscle builders, etc. If you are in doubt, please check with your pharmacist or Doctor's office. Tylenol is a good substitute for Aspirin.
- ❑ Please call the office if you develop signs of infection, such as a cold, chest congestion, nasal stuffiness, or fever during the ten-day period prior to surgery.
- ❑ **Please make sure all blood tests, cardiograms, mammograms, x-rays and/or surgical clearances (if ordered) are completed at least three days prior to surgery. HCG's (pregnancy test) must be drawn *no more than 10 days* prior to surgery.**
- ❑ No alcoholic beverages 48 hours prior to surgery and 48 hours after surgery.
- ❑ **NOTHING to eat or drink after midnight the evening before surgery. This includes solid foods, liquids, water, chewing gum, mints or candies.**
- ❑ Blood pressure medications may be taken with a small sip of water the morning of surgery.
- ❑ Remove all make-up the night before surgery. Do not re-apply.
- ❑ Shower or Bathe using **ANTIBACTERIAL** soap the morning of your procedure.
- ❑ Remove all jewelry, this includes ***all*** "body piercing"
- ❑ Do not bring any valuables to the facility.
- ❑ You **must** have someone over the age of 18 to drive you home after surgery.
- ❑ **Your scheduled time of arrival:** You will be called the day before surgery (if your scheduled on a Monday, you may be called on Thursday) between **2:00 and 4:00pm** with the time for surgery. If for some reason you do not receive a call please call the Facility itself. ARIA 215-612-4000, or Surgi-Center 215-969-1048.

**\*\*\*\*\*PLEASE BRING VALID PHOTO ID AND INSURANCE CARD WITH YOU!**

**\*\*\*If you need to cancel surgery, or you think you will be late, please call our office or answering service ASAP. If you have any further questions, do not hesitate to contact our office.**